



Waterski & Wakeboard Scotland

# Anti Doping Policy

Version 0.1

Waterski & Wakeboard Scotland (WWS) is the Scottish Governing Body for the sports of waterskiing and wakeboarding.

## 1. Introduction

Doping in sport is a major challenge, as it not only threatens the integrity of sport but also puts athletes' health at risk. Only by taking a concerted and comprehensive approach to the fight against doping in sport is it possible to protect the integrity of sport and the health of athletes worldwide.

Anti-doping plays an important role in sport. It ensures that all spectators and participants of sport are confident that the competition is fair and that the word 'champion' reflects the integrity of all the athletes who compete. Sport can be exciting, challenging and rewarding. However, the legacy of sport is severely damaged, and the integrity of athletes is undermined, by the use of performance-enhancing drugs and doping activity. The use of performance-enhancing drugs and other doping behaviour severely damages the legitimacy of sport and undermines the integrity of clean athletes.

All athletes have the right to compete in sport knowing that they, and their competitors, are clean. WWS believes in clean waterskiing and wakeboarding and work in partnership with British Waterski and Wakeboard (BWSW) and UK Anti-Doping (UKAD) to ensure that the integrity of our sport is protected.

The anti-doping rules of BWSW and WWS are the UK Anti-Doping Rules published by UK Anti-Doping (or its successor), as amended from time to time. Such rules shall take effect and be construed as rules of BWSW and WWS.

## 2. Anti Doping Rules

BWSW has in place a set of anti-doping rules that all athletes, coaches and athlete support personnel must abide by. WWS applies these same rules. The anti-doping rules for BWSW are based on the [World Anti-Doping Code](#), which governs anti-doping internationally.

If you are a member of WWS then the anti-doping rules apply to you, regardless of what level you participate at.

There are many organisations that work hard to protect sport. The World Anti-Doping Agency (WADA) is responsible for leading the collaborative world-wide campaign for clean sport. Established in 1999 as an independent agency and funded by both sport and governments, it manages the development of the World Anti-Doping Code. The Code aims to harmonise all anti-doping policies ensuring that athletes and athlete support personnel are treated fairly and consistently.

### 3. What is Doping?

Doping is defined as the occurrence of one or more of the following Anti-Doping Rule Violations (ADRVs):

- Presence of a prohibited substance in an athlete's sample
- Use or attempted use of a prohibited substance or method
- Refusing to submit to sample collection after being notified
- Failure to file athlete whereabouts information and missed tests
- Tampering with any part of the doping control process
- Possession of a prohibited substance or method
- Trafficking a prohibited substance or method
- Administering or attempting to administer a prohibited substance or method to an athlete
- Complicity in an ADRV
- Prohibited association with athlete support personnel who has engaged in doping

#### *Why is Doping in sport Prohibited?*

The use of doping substances or doping methods to enhance performance is fundamentally wrong and is detrimental to the overall spirit of sport. Drug misuse can be harmful to an athlete's health and to other athletes competing in the sport. It severely damages the integrity, image and value of sport, whether or not the motivation to use drugs is to improve performance. To achieve integrity and fairness in sport, a commitment to clean sport is critical.

Visit the [UKAD website](#) for further information.

#### *Therapeutic Use Exemption (TUE)*

Athletes who need to use a banned substance or method to treat a genuine medical condition, and there are no reasonable alternatives, may have to apply for a TUE.

- International-level athletes (as defined by their International Federation) need to apply to their International Federation for a TUE
- Athletes competing at National level need to apply to UKAD for a TUE

Athletes who have an existing TUE issued by UKAD do not need to reapply for a new TUE when becoming an International-Level Athlete. They should provide their International Federation with a copy of their TUE to ensure it is recognised.

Athletes listed under the 'National' category for their sport must apply for their TUE in advance of competing. The 'National' category for TUEs is defined by UKAD by sport and can be found on UKAD's website. Only in an emergency situation or where there will be a severe impact on health should treatment begin without the necessary approval.

#### *What Happens in a Test (Doping Control)*

Athletes should feel prepared and know their rights and responsibilities when they are notified to be tested by a Chaperone or Doping Control Officer. When selected for testing, athletes should take a representative with them to the Doping Control Station.

A urine test will follow these main steps:

- Notification
- Reporting to Doping Control Station
- Providing a sample
- Recording and certifying sample information

UK Anti-Doping recommends that athletes follow their normal hydration routines if selected for testing.

Athletes need to be prepared to provide details of any substances they have taken – this needs to be written on the Doping Control form. Athletes should report any concerns they have about the process or the equipment on the Doping Control form.

Athletes can find out more about testing, including their rights and responsibilities, via UKAD.

## 4. Support and Advice

Please do not hesitate to ask questions about the anti-doping rules. As well as asking WWS staff and coaches, you may also contact UKAD directly, who will be able to answer any questions and provide guidance.

#### *Help Keep Sport Clean*

We all have a responsibility to report doping in sport and help keep it clean. UKAD have launched 'Protect Your Sport' who you may contact directly completely anonymously via their 24/7 helpline.

Call on 08000 32 23 32.

Message on WhatsApp\* - +44 (0) 7587 634711

Online form at [protectyoursport.co.uk](https://protectyoursport.co.uk).